

# OEC Class #7206 Mid Term Practical

Student Name: \_\_\_\_\_

Patrol: \_\_\_\_\_

Skill	Description	Pass	Needs Work	Instructor Signoff	
Assessment	<b><u>Always Q's</u></b> Did you hit your head? Were you ever unconscious? Do you have pain in your back or neck? Check their neck and back if there could have been trauma. Ask if there is there anything else wrong?				
	<b><u>A&amp;O</u></b> Person – “What’s your name?” Place – “Do you know where you are?” Time – “Do you know the day & time?” Event – “What happened?”				
	<b><u>SAMPLE</u></b> S – signs & symptoms A – allergies M – medicines P – Prior medical conditions L – last oral intake E – events leading to current complaint				
	<b><u>Pain</u></b> O - Onset P - Provokes Q - Quality R -Radiates S - Strength T – Time questions				
	Surveys	<b><u>All Survey Points:</u></b> 1. Effective palpation of areas (firm, even pressure) 2. Feeling Bones and underlying organs effectively			
		<b><u>Whole Body Survey</u></b> 1. The character of the pulse and respirations 2. Skull shape 3. Cervical spine 4. Eyes, nose and facial bones 5. Mouth – injury & foreign objects 6. Ears - in & behind 7. Anterior neck 8. Back 9. Chest - laterally & sternum 10. Four abdominal quadrants 11. Pelvis – laterally & back 12. Legs & pedal test 13. Shoulders			

	14. Arms & grip test		
	15. Counted vital signs		
	16. Injury review		
	<b><u>Urgent Trauma Survey</u></b>		
	1. Carotid & radial pulse		
	2. Respirations		
	3. Skin signs		
	4. Head shape		
	5. Cervical spine		
	6. Anterior neck		
	7. Chest expansion		
	8. Abdominal quadrants		
	9. Pelvis (in & down)		
	10. Femurs		
	11. Back (unless already committed to backboard)		
	12. Make radio call		
	13. Count & record vitals.		
	<b><u>Focussed Trauma Survey</u></b>		
	1. "What's the problem?"		
	2. "Point with one finger to where the problem is."		
	3. Palpating for angulation, tenderness and swelling		
	4. "How & when did it happen?"		
	5. "How bad is it?"		
	6. "Did you hear a pop?"		
	7. "Does it move ok?"		
	8. Exposing the injury if required for effective evaluation.		
	9. Ask what else is wrong, and repeat the exam for each complaint.		
Vitals	<b><u>Pulses/Respirations (counted for 15 sec x4)</u></b>		
	Carotid		
	Radial		
	Respirations		
	Blood Pressure		
	Palpated		
	Oscillated		
Bandaging	<b><u>Control Bleeding</u></b>		
	Direct Pressure		
	Elevation (above heart)		
	Pressure points		
	<b><u>Bandaging Skills -- all bandages</u></b>		
	Tail Start		
	CSM before/after		
	Twist tightening/Effective bandage		
	Square Knots		
	<b><u>Specific Bandages:</u></b>		
	1. Finger bandage		
	2. Palm bandage (bulky hand bandage)		
	3. Elbow Bandage (figure-8)		
	4. Head Bandage (around & over scalp)		
	5. Knee bandage (figure-8)		

	6. Ankle Bandage (figure-8)			
Splinting	<b>Splinting Skills -- all splints</b>			
	CSM before/after/distal pulse			
	Realign once if CSM impaired			
	Sling & Swath			
	Do not cover injury site for splints - leave open for eval			
	<b>Specific Splints:</b>			
	1. Forearm/Wrist Splint (SAM)			
	2. Humerus Splint (SAM)			
	3. Locked Elbow Splint (sticks)			
	4. Clavicle splitting (figure 8 cravat)			
	5. Anterior Shoulder Dislocation (pigs & blanket)			
6. Posterior Shoulder Dislocation (cardboard airplane splint/blanket)				
7. Figure 8 for clavicle injuries				
8. Ski Boot Removal				
9. Quick Splint application & removal				
10. Cardboard splint of lower extremity				
11. Bent Knee splint (flag fold/quicksplint)				
Oxygen	<b>Oxygen Administration:</b>			
	O2 Tank prep/cautions/valve attachment			
	Nasal Canula usage/flow (6L max)			
	Non-rebreather Mask (15L max)			