

Backboard Saturday Memorandum

**TO: OEC Students - East Bay and San Francisco Classes
OEC Instructors and Patrollers**

FROM: Mike Smith - phone 510-525-0405; mike@taxbreak.com

DATE: October 7, 1998

SUBJECT: Backboard Saturday = 10/17/98 ⇒ The Scoop

1. **For All.**

1. Directions for getting to the Piedmont Campus are available on Bill Person's web site. Allow time to find parking. If you are there early, it shouldn't be too bad. We are booked for Middle School, Rm 402.
2. Bring lunch! Our lunch will be a working lunch, discussing the tips and traps of backboarding - lessons learned during the morning session.
3. Also from Bill's web site, please find the following (review and bring with you):
 1. A crib sheet entitled "*Random Reflections on Backboarding Mechanics.*"
 2. A second crib sheet entitled "*Spine Immobilization - Leadership.*"
4. Planned agenda:

8:40 - 9:30	Instructor demonstration - how to do it fast and right.
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9:30 - 10:30	Step-through demonstration - revealing the "gotchas."
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10:30 - 12:30	Student teams practicing mechanics.
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12:30 - 1:15	Working lunch - discussion - what works, what doesn't.
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1:15 - 4:00	Leadership drills. By day-end, the patient has to be packaged in under 10 minutes. Every student will LEAD at least 3 problems, and work 8 - 10 problems during the course of the day.
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4:00 - 4:45	Wrap up, clean up, go home.
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Breaks - when necessary and feasible.	
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2. **For Instructors.**

1. Please show up between 8:00 - 8:20, especially if you are going to be involved in the demos. Late arrivals (with whom I've talked), should be there by 10:15.
2. Please review the handouts ahead of time, and come with your own suggestions and comments.
3. Bill Person's web site:
<http://www.best.com/~billp/base/Backboard.htm>.

3. **For Students.**

1. Please be on site by 8:15, ready to go by 8:45.
2. Make sure you bring your first aid supplies. Every student should have at least 4 cravats (big ones). If you don't already have it, pick up a roll of 2" medical tape.
3. Review the handouts ahead of time, and be thoroughly confident about the following subjects in your Text: Injuries to Neck & Back; Injuries to the Head; Basic Patient Assessment, especially assessment of unresponsive patients (most of your "patients" will come with respirations and a pulse; we won't be revisiting CPR issues); O₂ administration and suction; Knots.

End of Newsletter