

Level of Consciousness

➤ Oriented as to

- Person - "Who am I?"
- Time - "What is the day and time?"
- Place - "Where am I?"
- Event - "What happened?"

➤ Why these questions?

- Often short term memory goes first
- These questions move from very long term to very short term

How Do We Report A & O?

- **Oriented as to person and place but not time or event**
- **We want to know trends, so we tell them three colors in order and ask for them back in 3-5 minutes**
- **The colors are used as a continuing monitoring of short term memory**

Pulses

- Use multiple fingers - 5-10 sec for presence
- Count for 15 seconds
- Carotid - Adams apple, slide to notch
- Radial - thumb side
- Brachial - infants - raise arm
- Femoral - used most often as pressure point
- Posterior tibial - outside
- Dorsalis pedis - between first two metacarpals

Respirations

- **Rate, depth, noise, pain**
- **Must count without patient awareness.
Pretend to be measuring pulse.**
- **Quiet, medium depth, pain free, rate
of 12-25 is normal**

Blood Pressure

- Apply cuff one inch above elbow
- Not over bulky clothing, snug fit, tubing clear
- Arrow over artery
- Find pulse
- Inflate 20 mm over loss of pulse
- Deflate slowly
- Listen for first and last sound

Skin Signs

- **Temperature - cold, warm, hot**
- **Color - red, pink, pale, cyanotic**
- **Moisture - dry, moist, diaphoretic**
- **Normal is warm, pink and moist**

Urgent Trauma Survey

- **Use immediately when patient cannot communicate or has poor appearance or vitals or bad MOI.**
- **Identify immediate threats to life and limb and intervene.**
- **Call Early - Save Lives!**

Urgent Trauma Survey (2)

- **Do it quickly and right!**
- **Simultaneous radial & carotid pulses**
- **Respiration quality**
- **Skin signs**
- **Shape of head**
- **Support head / check cervical spine**

Urgent Trauma Survey (3)

- **Trachea & jugular veins**
- **Chest expansion x 2**
- **Abdominal quadrants x 4**
- **Pelvis - down & together**
- **Femurs x 2**
- **Make your radio call within a minute**