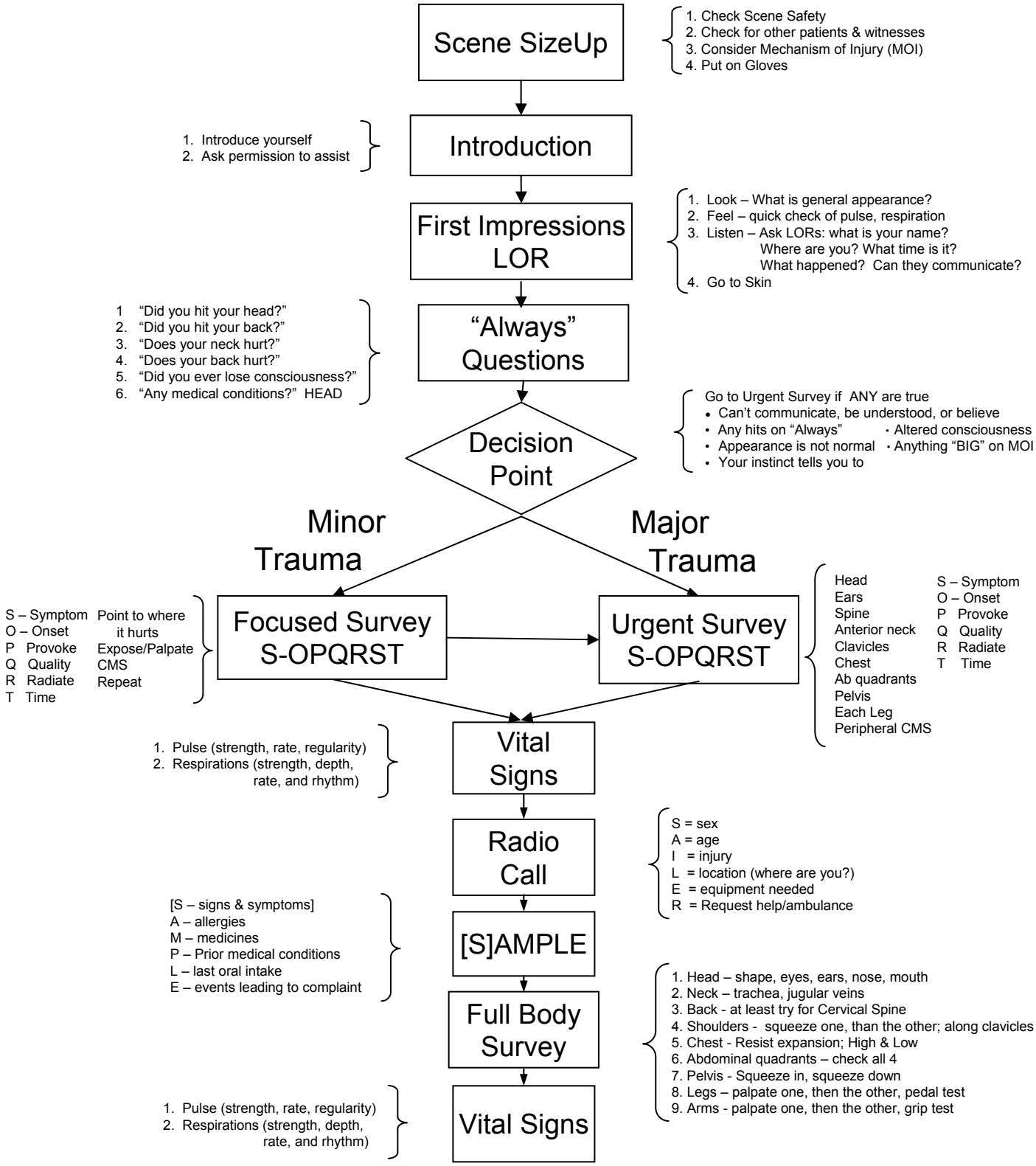
Scene SizeUp
1. Check Scene Safety
2. Check for other patients & witnesses
3. Consider Mechanism of Injury (MOI)
4. Put on Gloves
Introduction
1. Introduce yourself
2. Ask permission to assist
First Impressions LOR
1. Look – What is general appearance?
2. Feel – quick check of pulse, respiration
3. Listen – Ask LORs: what is your name?
Where are you? What time is it?
What happened? Can they communicate?
4. Go to Skin
"Always" Questions
1 "Did you hit your head?"
2. "Did you hit your back?"
3. "Does your neck hurt?"
4. "Does your back hurt?"
5. "Did you ever lose consciousness?"
6. "Any medical conditions?" HEAD
Decision Point
Go to Urgent Survey if ANY are true
• Can't communicate, be understood, or believe
• Any hits on "Always"
• Appearance is not normal
• Your instinct tells you to
• Altered consciousness
• Anything "BIG" on MOI
Minor Trauma
Major Trauma
Focused Survey S-OPQRST
S – Symptom
O – Onset
P Provoke
Q Quality
R Radiate
T Time
Point to where it hurts
Expose/Palpate
CMS
Repeat
Urgent Survey S-OPQRST
Head
Ears
Spine
Anterior neck
Clavicles
Chest
Ab quadrants
Pelvis
Each Leg
Peripheral CMS
S – Symptom
O – Onset
P Provoke
Q Quality
R Radiate
T Time
Vital Signs
1. Pulse (strength, rate, regularity)
2. Respirations (strength, depth, rate, and rhythm)
Radio Call
S = sex
A = age
I = injury
L = location (where are you?)
E = equipment needed
R = Request help/ambulance
[S]AMPLE
[S – signs & symptoms]
A – allergies
M – medicines
P – Prior medical conditions
L – last oral intake
E – events leading to complaint
Full Body Survey
1. Head – shape, eyes, ears, nose, mouth
2. Neck – trachea, jugular veins
3. Back - at least try for Cervical Spine
4. Shoulders - squeeze one, than the other; along clavicles
5. Chest - Resist expansion; High & Low
6. Abdominal quadrants – check all 4
7. Pelvis - Squeeze in, squeeze down
8. Legs – palpate one, then the other, pedal test
9. Arms - palpate one, then the other, grip test
Vital Signs
1. Pulse (strength, rate, regularity)
2. Respirations (strength, depth, rate, and rhythm)