

A, B, C

- **maintain Airway**
- **monitor Breathing**
- **assess Circulation**
- **Air goes in and out. Blood goes round and round. Variations are NOT acceptable.**

All of OEC ...

MAINTAIN

PERFUSION!

In the Beginning ...

- **“Hi, I’m I’m a ski patroller”**
- **“May I help you?”**
 - **If the person is altered or an unaccompanied minor you have implied permission to treat to preserve life & limb**
- **“What is your name?”**
- **What is your general impression of the patient?**

The Questions to Always Ask!

- **“What’s wrong?”**
- **“Did you hit your head?”**
- **“Were you ever unconscious?”**
- **“Any pain in your back or neck?”**
- **“Is anything else wrong?”**
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Assessment Thoughts:

- **Patients who look like they are doing poorly usually are**
- **Always remember the A, B, Cs**
- **Take vitals early & often & write them down**
- **Always assess the same way**
- **When in doubt go back to the top**
- **Never let someone else do your assessment**
- **Be focused; be firm; don't flutter.**

Whole Body Survey

- Head
- Neck & Shoulders
- Chest, Abdomen & Pelvis
- Legs & pedal test
- Arms & grip test
- Back
- Vital Signs
- Expose injury if safe to do so

Head

- **Appearance**
- **Shape & deformity**
- **Eyes**
- **Facial bones**
- **Nose, jaw & mouth**
- **Ears - discharge, bruising behind**

Neck & Back

- **Begin high at the base of the skull. Go all the way to the end of the tailbone.**
- **Feel each vertebrae walking your fingers down each side, one vertebrae at a time.**
- **Looking for alignment, pain, swelling, deformity**

Abdomen & Pelvis

- Palpate four quadrants - navel
- Fingers stacked.
- Up for top, down for bottom
- Fingers at edge of ribs and pubis
- Firm, rotating motion
- Pelvis - press toward back and mid-line

Vital Signs

- **Level of Consciousness**
- **Pulse**
- **Respiration**
- **Skin Signs**
- **Blood Pressure**